

# Chemo plus immunotherapy as a strategy to preserve bladders: current evidence and future perspectives?

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# THE CURRENT STANDARD OF CARE FOR MIBC IS A BIG DEAL



**Each modality is associated  
with long-term toxicity**  
**We need to de-intensify while maintaining  
outcomes!**

## CRITICAL CHALLENGES OF BLADDER PRESERVATION (BP)

- 1. Could we safely omit local therapy?**
  - Cystectomy, Radiotherapy
- 2. Could we better select patients for BP?**
  - Predictive and prognostic biomarkers
- 3. Do we have rigorous methods to measure and define clinical complete response?**
- 4. Can more effective systemic therapy increase BP rates?**
  - IO, ADC

# CRITICAL CHALLENGES OF BLADDER PRESERVATION (BP)

## 1. Could we safely omit local therapy?

- Cystectomy, Radiotherapy



## RADICAL CYSTECTOMY:

A major/complex operation

Risk of perioperative morbidity & mortality : 1.5% ( older age, smokers, comorbidities)

Frequent complications: 30-60%

Loss of normal bladder function

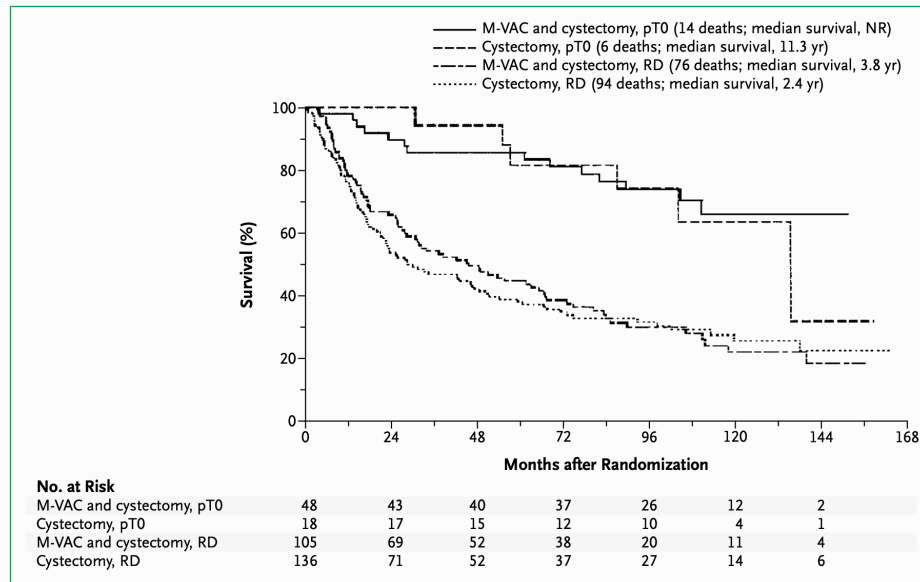
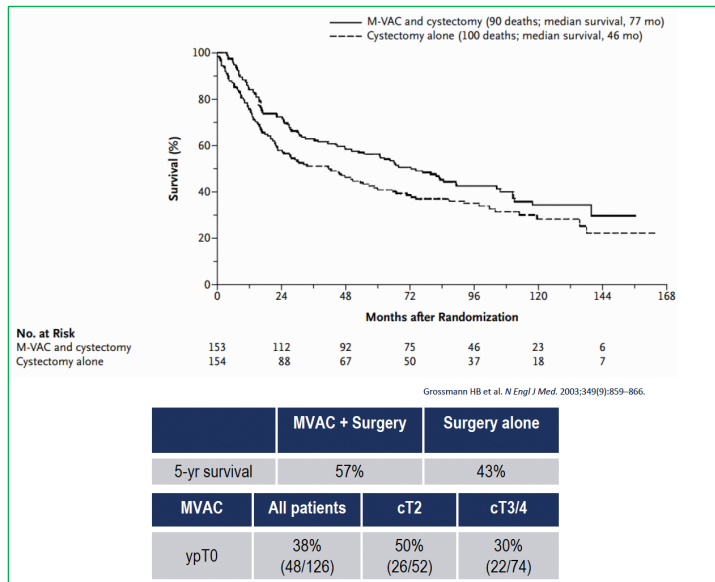
Requires urinary diversion

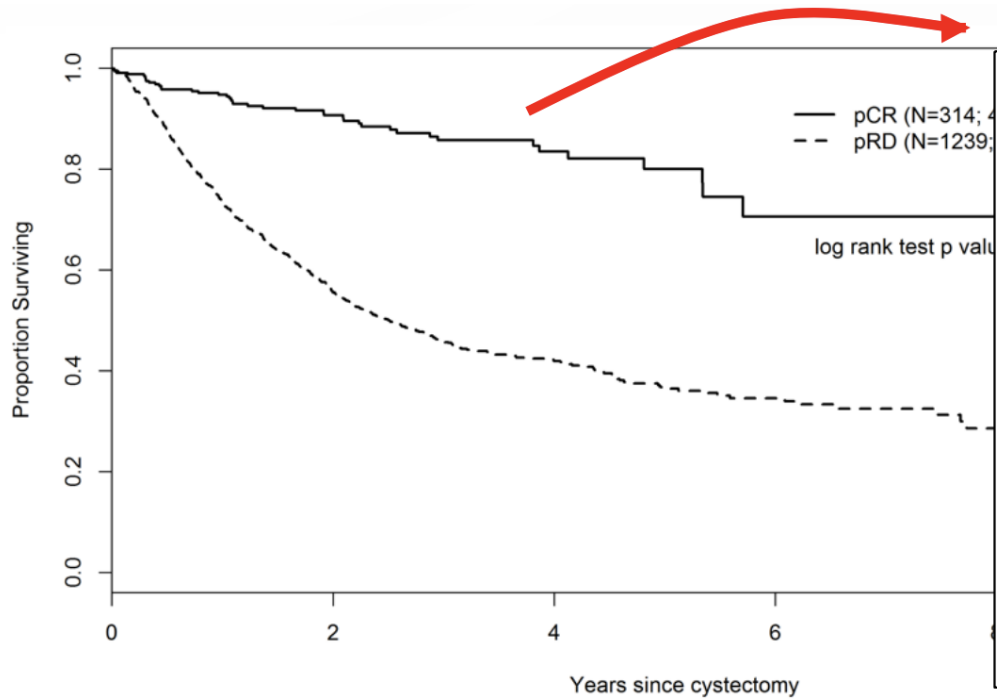
Urinary & sexual dysfunction

Profound impact on QOL ( patient's preference to retain their bladder)

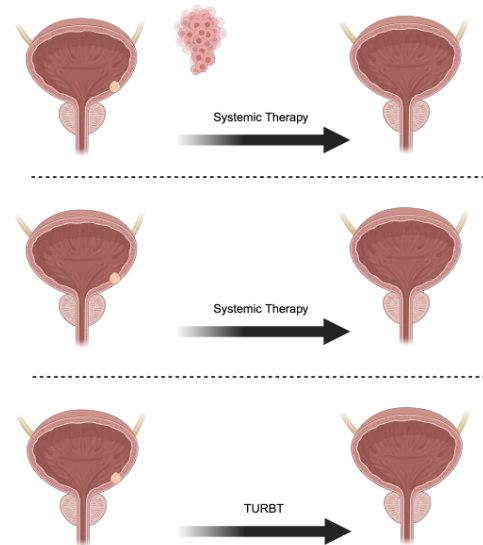
# A pathological CR is achieved in 30-40% of patients with cisplatin-based NAC for MIBC and is associated with favorable outcomes

## SWOG-8710





## Who are these patients?



## TURBT AS MONOTHERAPY:

n: 151 MIBC

99 TURBT

52 RC

10-year disease-specific survival:

- 76% TURBT (57% bladder preserved)
- 71% RC (P = 0.3)

99 TURBT, 10y survival:

- cT0: 82%
- cT1: 57% (P = 0.003)

Relapse after TURBT (34%)

- 53% late RC
- 16% death

### Neoadjuvant Chemotherapy and Bladder-Sparing Surgery for Invasive Bladder Cancer: Ten-Year Outcome

By Harry W. Herr, Dean F. Bajorin, and Howard I. Scher

**Purpose:** To evaluate the 10-year outcome of patients with invasive (T2-3N0M0, staged according to the tumor, node, metastasis system) bladder cancer who responded completely to a combination of methotrexate, vinblastine, adriamycin, and cisplatin (MVAC) chemotherapy followed by bladder-sparing surgery.

**Patients and Methods:** Of 111 surgical candidates who received neoadjuvant MVAC, 60 (54%) achieved a complete clinical response (T0) on transurethral resection (TUR) of the primary tumor site. Of these, 28 requested follow-up with TUR alone, 15 had a partial cystectomy, and 17 elected a radical cystectomy. The patients were followed up for a median of 10 years (range, 8 to 13 years).

**Results:** Of 43 patients who had bladder-sparing surgery, 32 (74%) are alive, which includes 25 (58%)

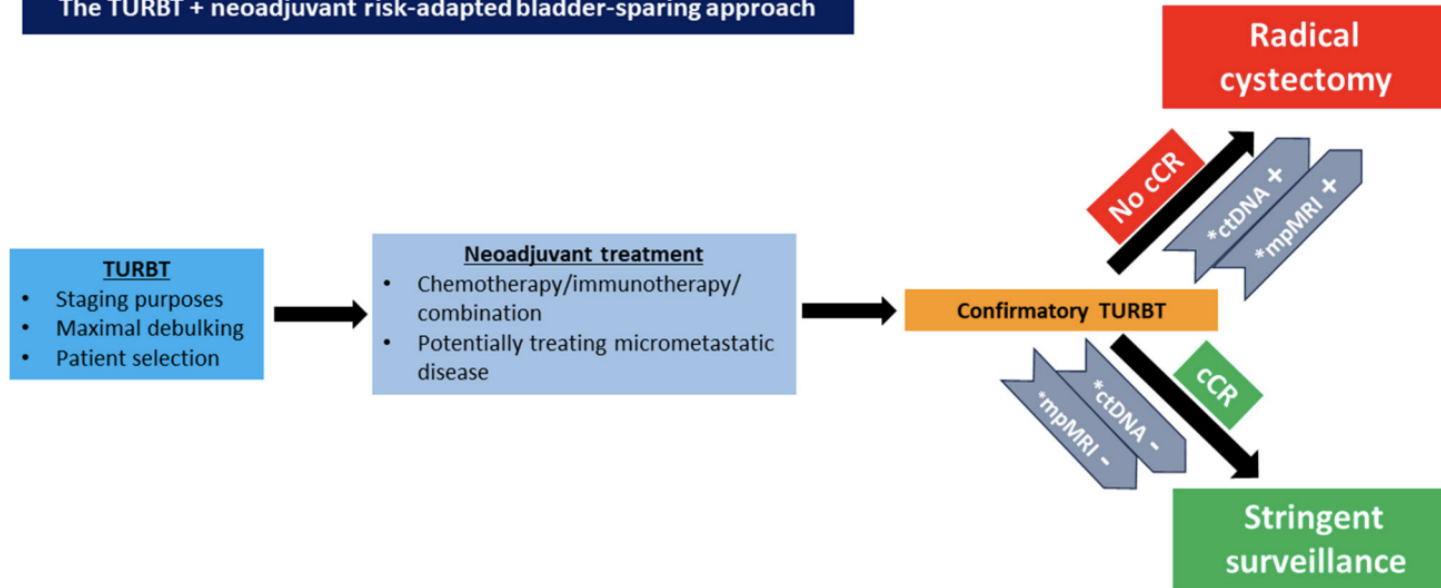
with an intact functioning bladder. Twenty-four patients (56%) developed bladder tumor recurrences from 5 to 96 months, which were invasive in 13 (30%) and superficial in 11 (26%). Thirteen patients required a salvage cystectomy, of whom 6 died, which includes 4 (9%) from a new invasive neoplasm. Of the 17 patients who had radical cystectomy, 11 (65%) are alive.

**Conclusion:** The majority of patients with invasive bladder tumors who achieve T0 status after neoadjuvant MVAC chemotherapy preserve their bladders for up to 10 years with bladder-sparing surgery. The bladder remains at risk for new invasive tumors. Cystectomy salvages the majority, but not all, of relapsing patients.

*J Clin Oncol* 16:1298-1301. © 1998 by American Society of Clinical Oncology.

# PERSONALISED RISK-ADAPTED BLADDER SPARING APPROACH USING TURBT + NEOADJUVANT THERAPY

The TURBT + neoadjuvant risk-adapted bladder-sparing approach



**Major Inclusion Criteria:**

- cT2-T3 N0M0
- ECOG 0-1
- Urothelial Predominant Histology

TURBT #1 → AMVAC x 3 → TURBT #2

**Sequencing (Caris)**

Mutation positive defined as any alterations in:

- ATM
- RB1
- FANCC
- ERCC2

No residual tumor/CT0  
AND  
Mutation Pos (+)

Active Surveillance

cTa or cTis or cT1 or Pos (+) cytology OR cT0 mutation Neg (-)

Intravesical Tx  
OR  
Chemo-RT  
OR  
Cystectomy

cT2

Chemo-RT  
OR  
Cystectomy

≥cT3

Cystectomy

Not a randomized trial

**RETAIN Trial did not meet 2 year MFS endpoint**

Geynisman D et al. ASCO GU23

HCRN GU16-257

**Key Eligibility Criteria**

- MIIBC
- cT2-4aN0M0

N = 76

DNA sequencing  
Gem/cis + nivolumab x 4 cycles

Clinical restaging: cystoscopy + biopsies, urine cytology, MRI  
n = 72

Cystectomy<sup>a</sup>  
n = 1

No cystectomy<sup>a</sup>  
n = 32

Nivolumab x 4 mo

Clinical CR  
n = 33

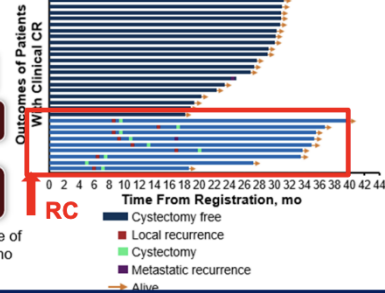
No clinical CR  
n = 39

Cystectomy  
n = 34

Nonprotocol therapy  
n = 5

**Co-primary endpoints:** cCR rate and performance of cCR in predicting treatment benefit (ie, 2-y MFS if no cystectomy and pCR in immediate cystectomy)

cCR rate = 43%  
(95% CI, 32%-55%)



Galsky MD et al. Nature 2023

**RETAIN-2: A Phase II Trial of Risk Enabled Therapy After Neoadjuvant Immuno-chemotherapy for Bladder Cancer**

**Major Inclusion Criteria:**

- cT2-T3 N0
- Predominant Urothelial Carcinoma of Bladder
- ECOG 0-1

TURBT #1 → Nivolumab X 3 + AMVAC X3 → TURBT #2

NGS (Caris): Mutation positive defined as alterations in:  
ATM, RB1, ERCC2

Mutation positive AND No residual disease/CT0

ACTIVE SURVEILLANCE

cTa OR cTis OR cT1 OR positive cytology OR cT0 but mutation negative

Intravesical Tx  
OR  
Chemo-RT  
OR  
Cystectomy

cT2

Chemo-RT  
OR  
Cystectomy

≥cT3

Cystectomy

cT2-T4aN0 bladder cancer diagnosed by TURBT

Investigator's choice of chemotherapy

Gemcitabine 2500 mg/m<sup>2</sup> D1,2  
Cisplatin 35 mg/m<sup>2</sup> D1,2  
6 cycles over 12 weeks

Genetic Sequencing of TURBT

Gemcitabine 1000 mg/m<sup>2</sup> D1,2  
Cisplatin 70 mg/m<sup>2</sup> D1,2  
4 cycles over 12 weeks

DDR del alteration

59 patients

cT0/CIS response

≥T1 response

DDR wt

187 patients

Bladder Sparing

Radical Cystectomy

ChemoRT

Radical Cystectomy

ChemoRT

Abbreviation: TURBT= transurethral resection of a bladder tumor, DDR= DNA damage repair, chemoRT= chemoradiation

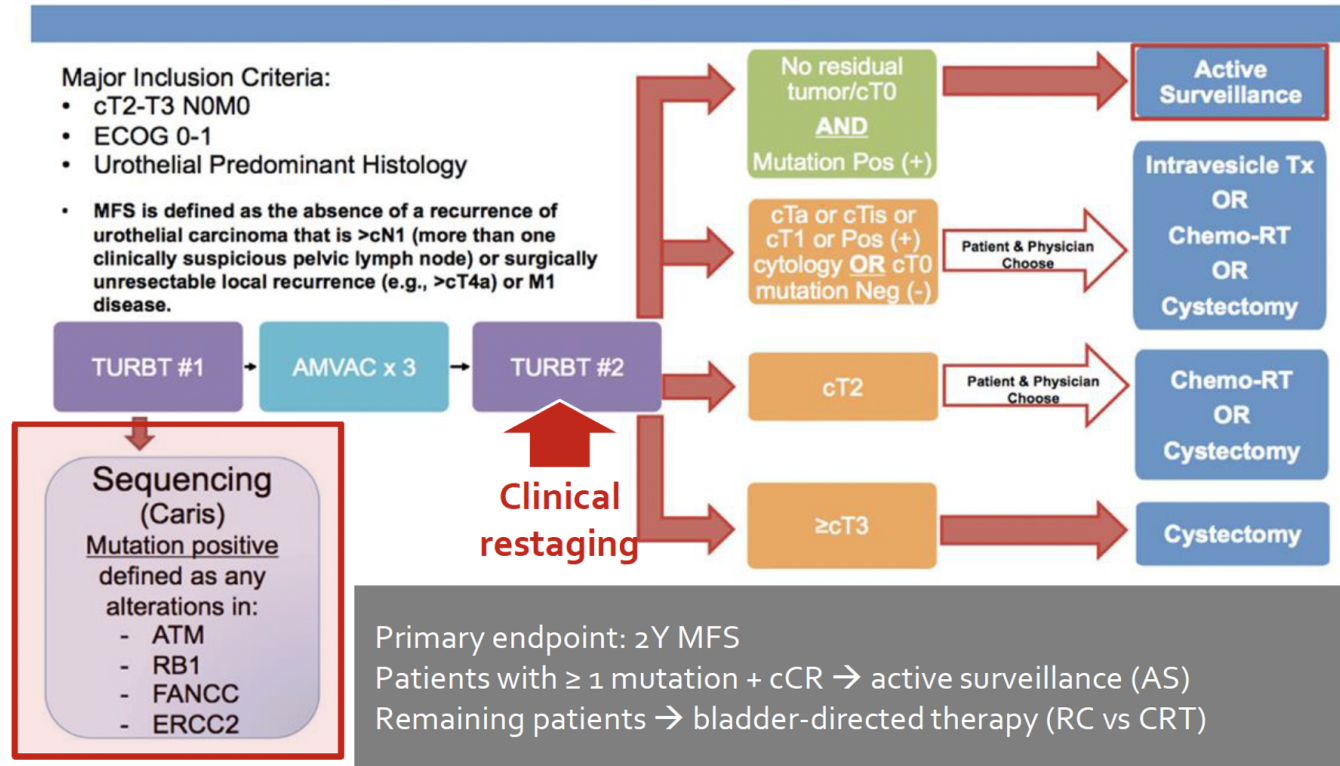
A031701

# CRITICAL CHALLENGES OF BLADDER PRESERVATION (BP)

## 2. Could we better select patients for BP?

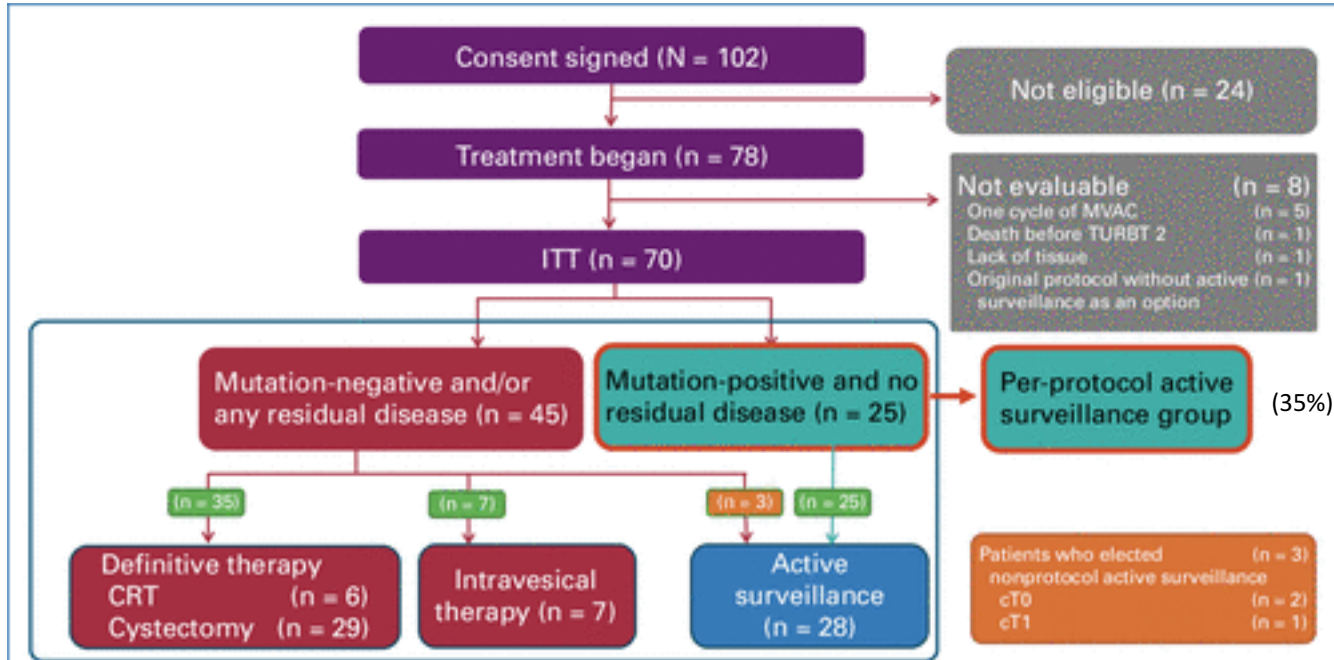
- Predictive and prognostic biomarkers

# RETAIN-1 TRIAL: Using DNA Damage Repair mutations to guide Bladder cancer treatment





# RETAIN-1 TRIAL: Using DNA Damage Repair mutations to guide Bladder cancer treatment



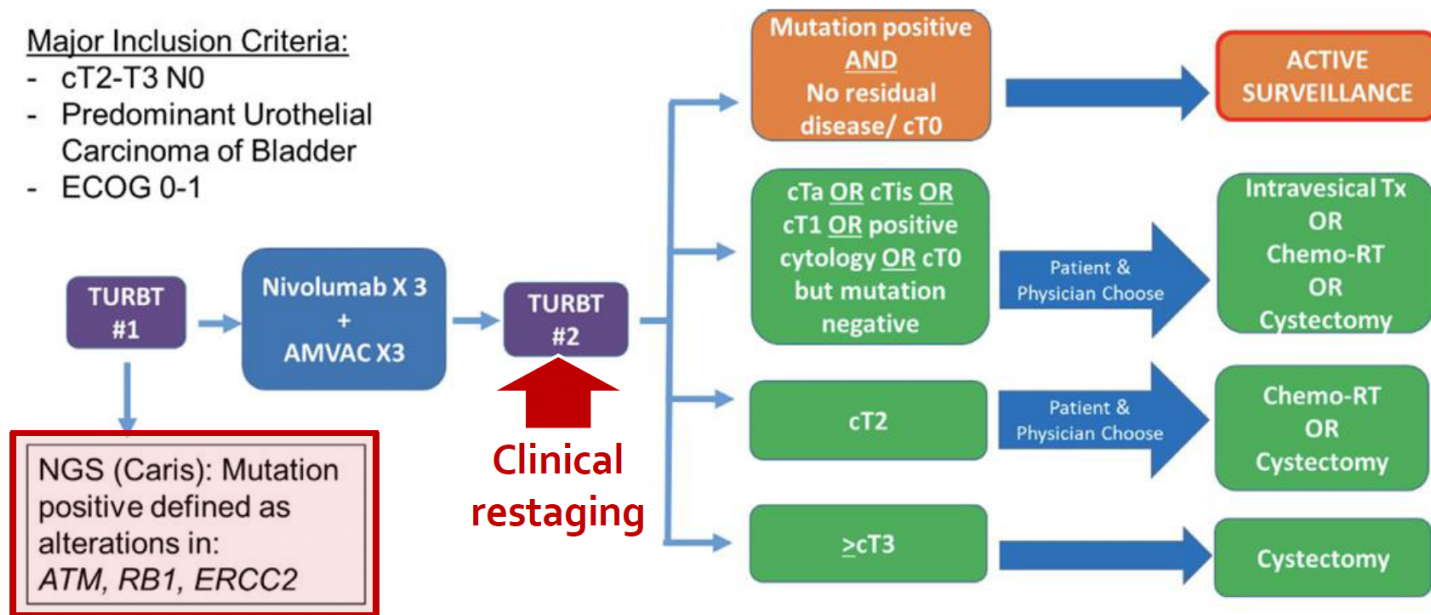
2-year MFS for the ITT patients was 72.9%



# RETAIN-2 TRIAL:

## Major Inclusion Criteria:

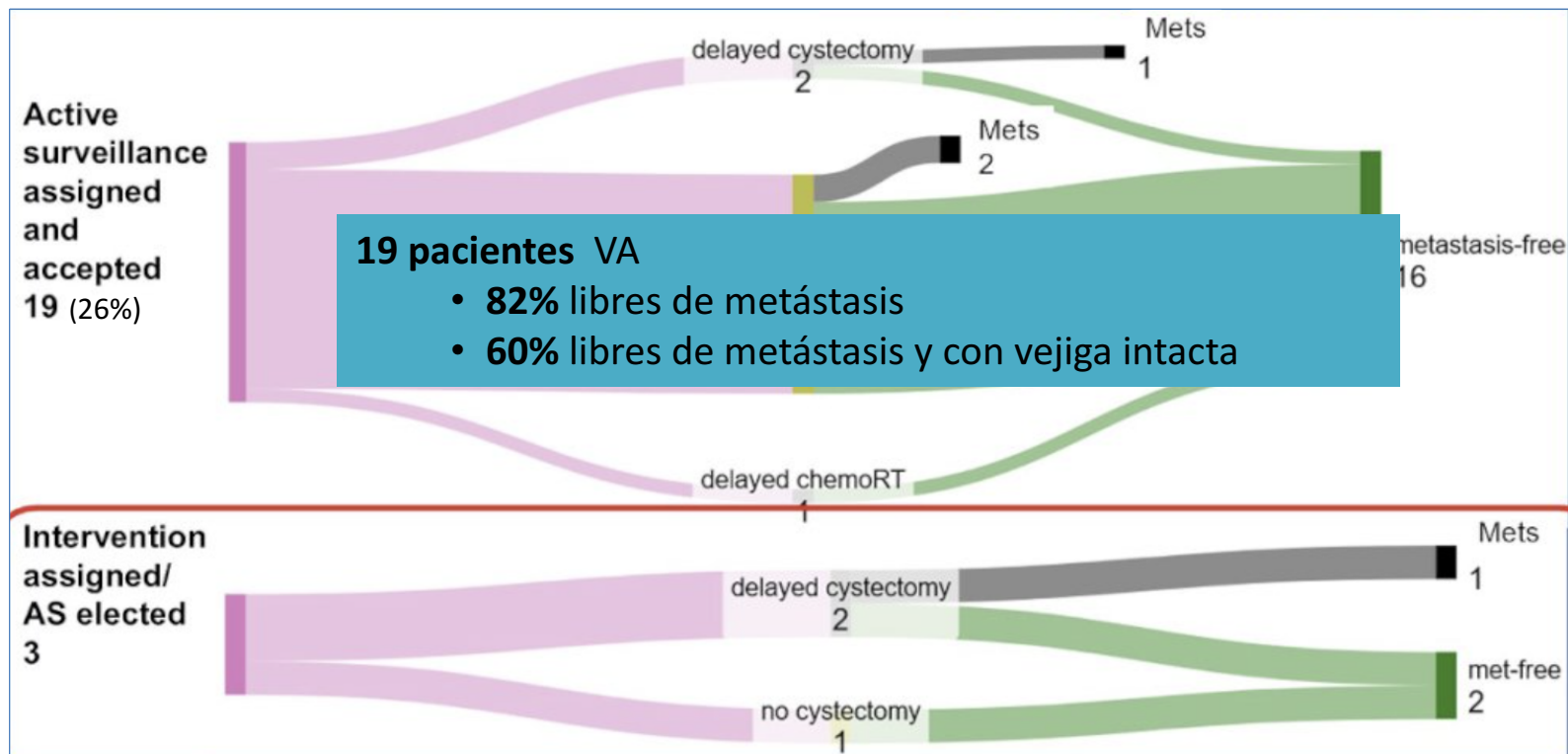
- cT2-T3 N0
- Predominant Urothelial Carcinoma of Bladder
- ECOG 0-1



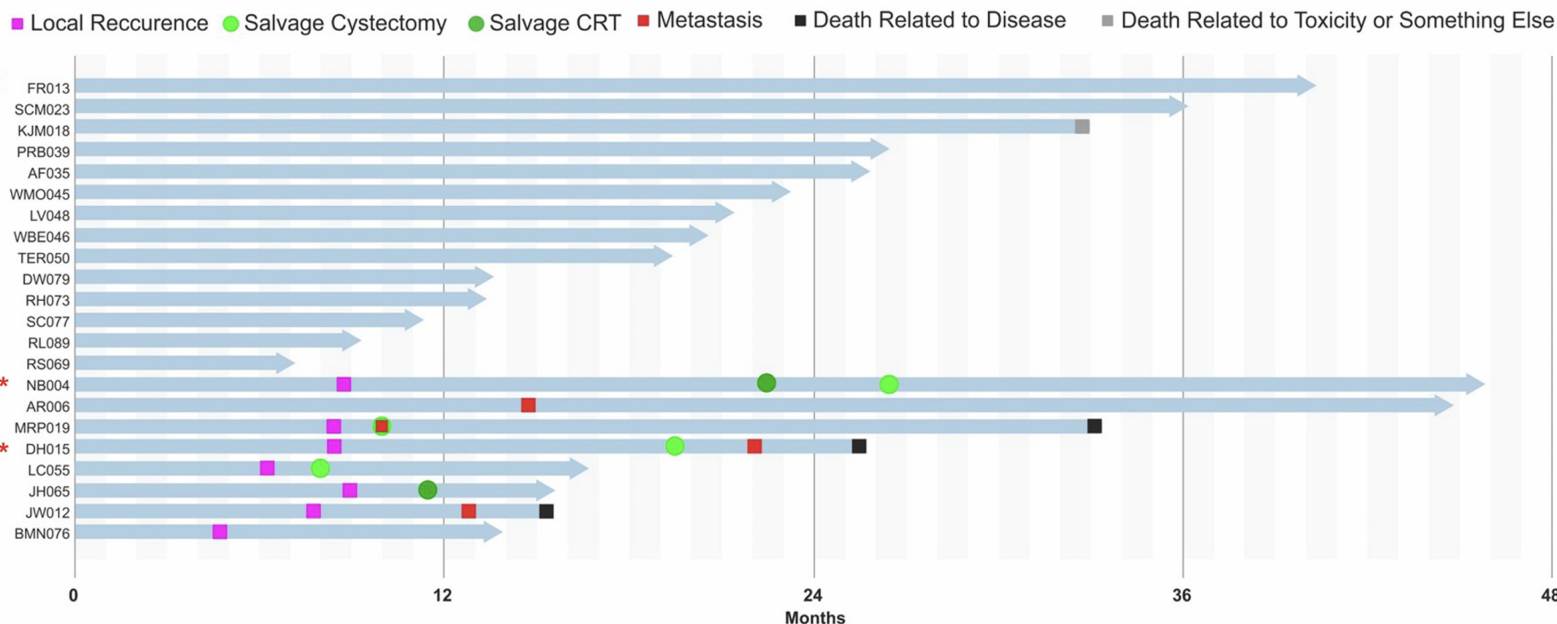
Metastasis-free survival (MFS) is defined as the absence of a recurrence of urothelial carcinoma that is >cN1 (more than one clinically suspicious pelvic lymph node) or surgically unresectable local recurrence (e.g., >cT4a) or M1 disease).

Primary endpt:  
2-yr Metastasis-free survival  
Follow-up: 5 years

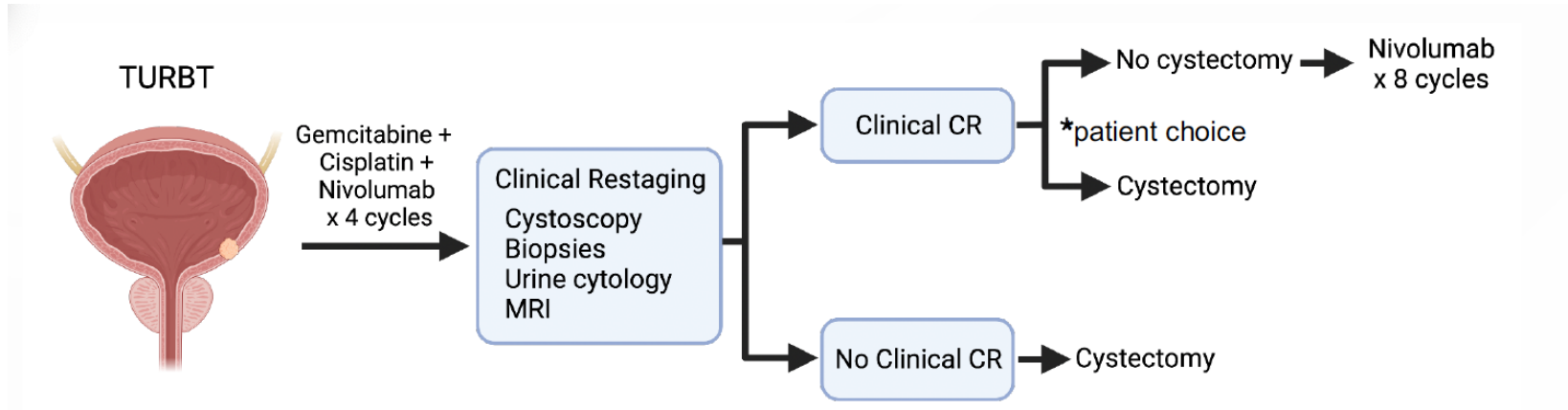
## RETAIN-2 ( n=71) ( mFU 21.7M)



## OUTCOMES OF 22 PATIENTS ON ACTIVE SURVEILLANCE ( mFU 21.7 mo)

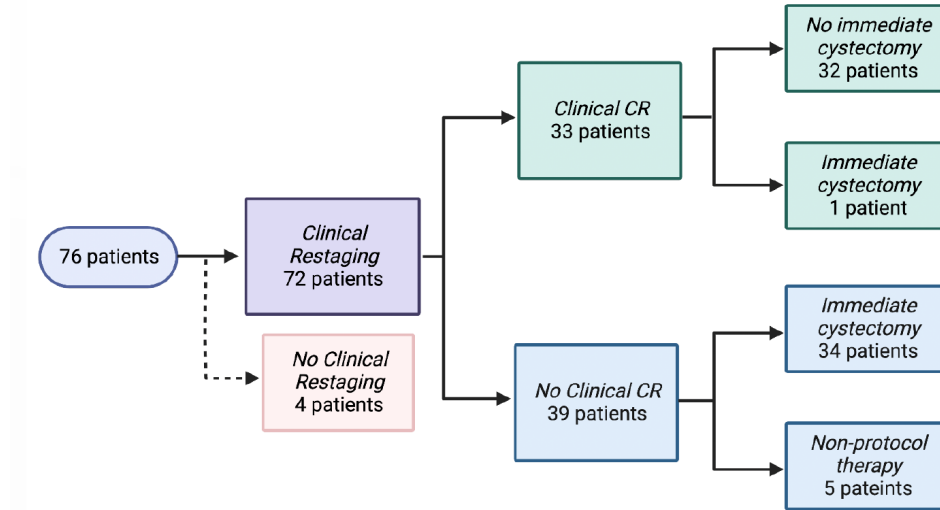


# HCRN GU 16-257: Response-guided bladder sparing



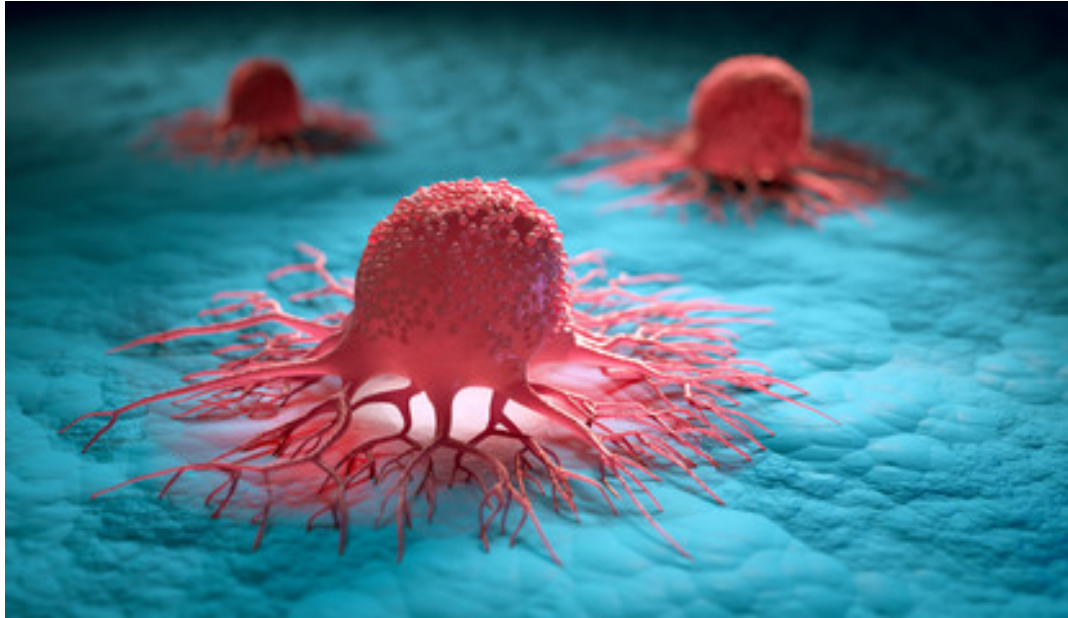
- Co-primary endpoints
- Clinical complete response (CR) rate
  - Performance of clinical CR in predicting treatment *benefit*:
    - ❖ 2 year metastasis free if no cystectomy
    - ❖ pCR in immediate cystectomy

# HCRN GU 16-257: Response-guided bladder sparing



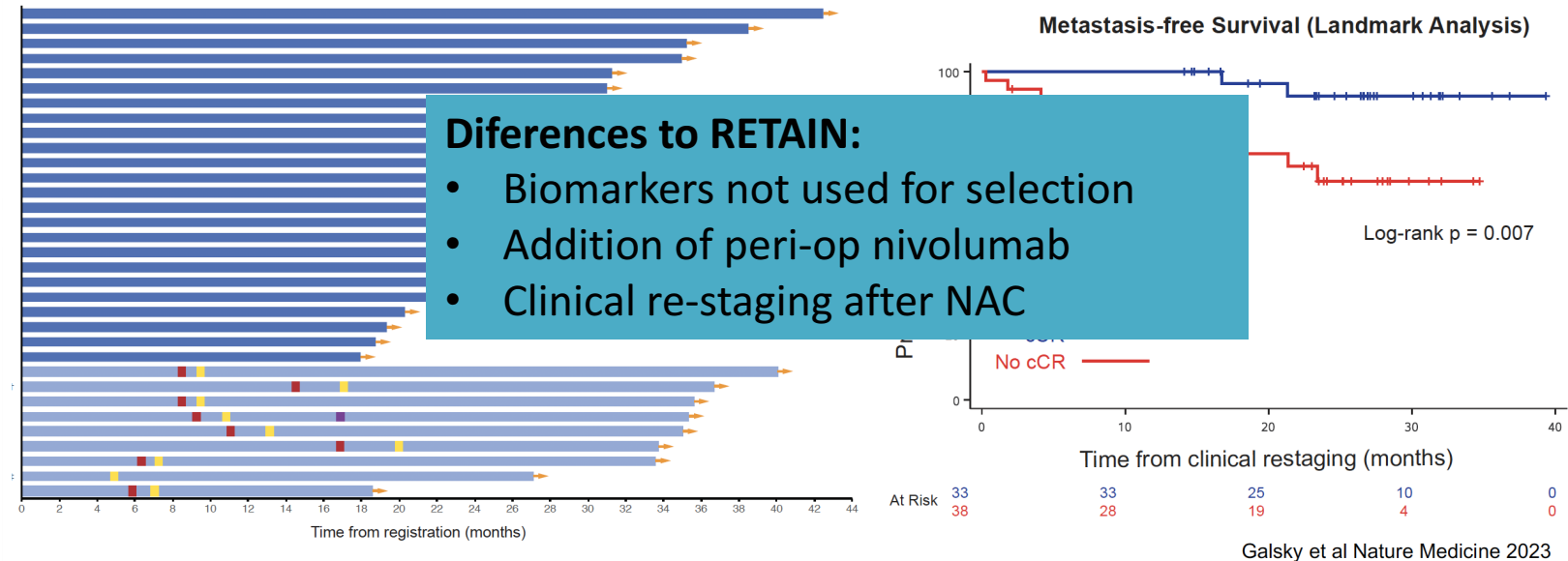
**Clinical CR rate = 43% (95% CI: 32%, 55%)**

**Are these remissions going to be durable?**





# HCRN GU 16-257: Clinical Outcomes



Positive predictive value of clinical CR for 2 year MFS:  
0.97 (95% CI: 0.91, 1)

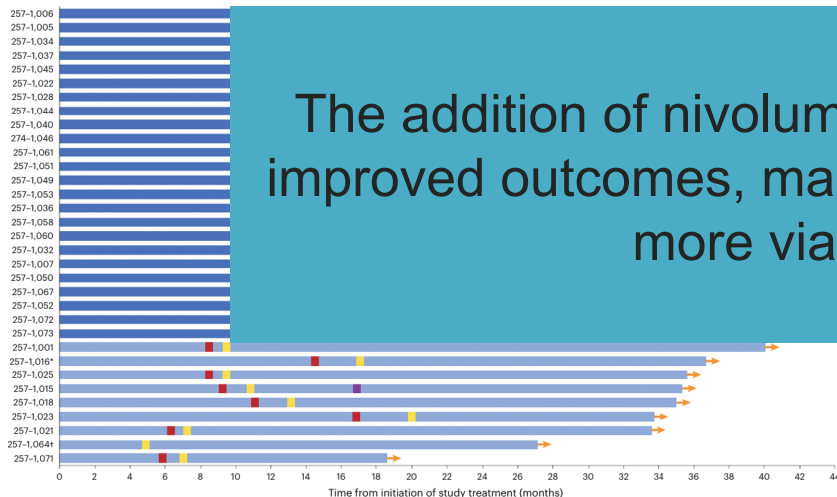
# Role of “delayed” cystectomy in patients with local recurrence?



# Bladder Preservation Strategies

## HCRN GU 16-257: GemCis + Nivo + Selective BP

Clinical outcomes of achieving a cCR (33) – cCR rate 43% (95% CI 32-55%)

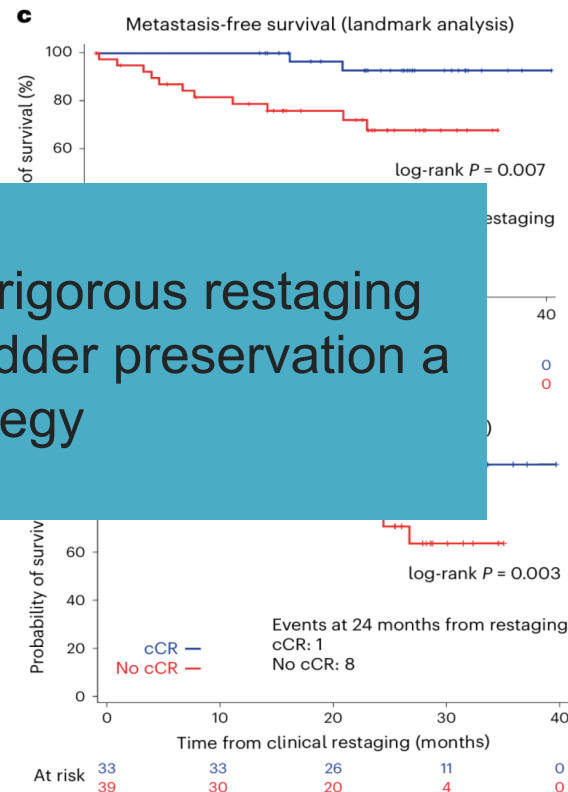


The addition of nivolumab and rigorous restaging improved outcomes, making bladder preservation a more viable strategy

cCR rates higher in ERCC2 mutations or TMB  $\geq 10$  mut/Mb (NSS)

Somatic alterations in pre-specified genes (ATM, RB1, FANCC and ERCC2)

- Did not improve the positive predictive value of cCR



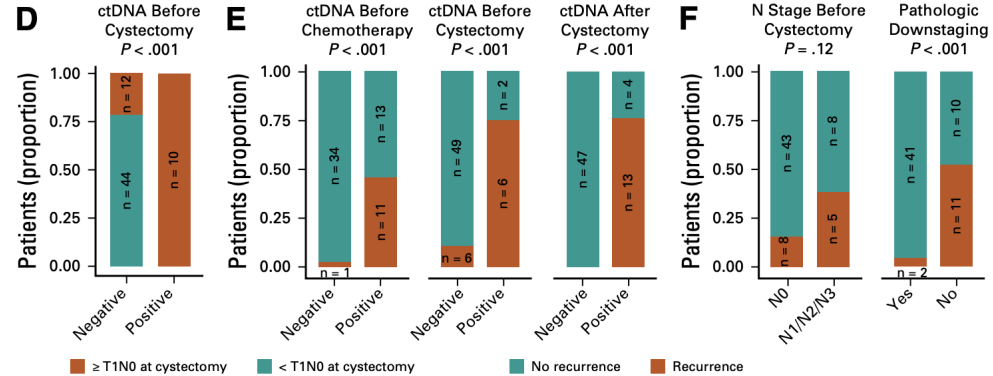
# CRITICAL CHALLENGES OF BLADDER PRESERVATION (BP)

## 2. Could we better select patients for BP?

- Predictive and prognostic biomarkers

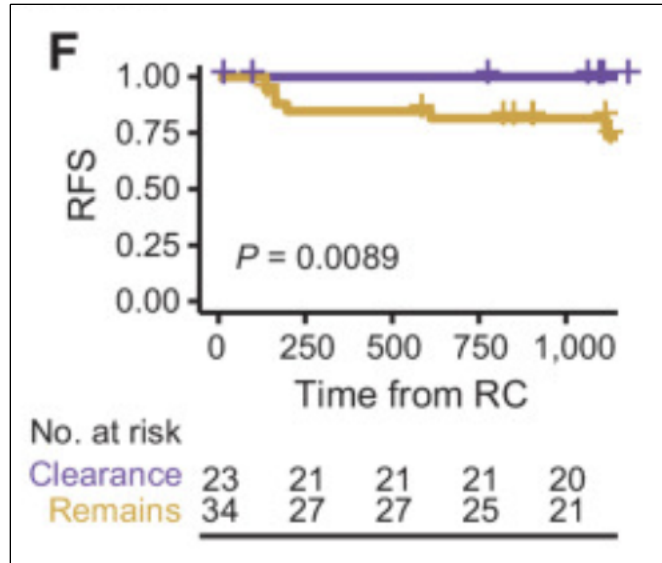
**Emil Christensen, PhD<sup>1</sup>; Karin Birkenkamp-Demtröder, PhD<sup>1</sup>; Himanshu Sethi, MPH<sup>2</sup>; Svetlana Shchegrova, PhD<sup>2</sup>; Raheleh Salari, PhD<sup>2</sup>;**

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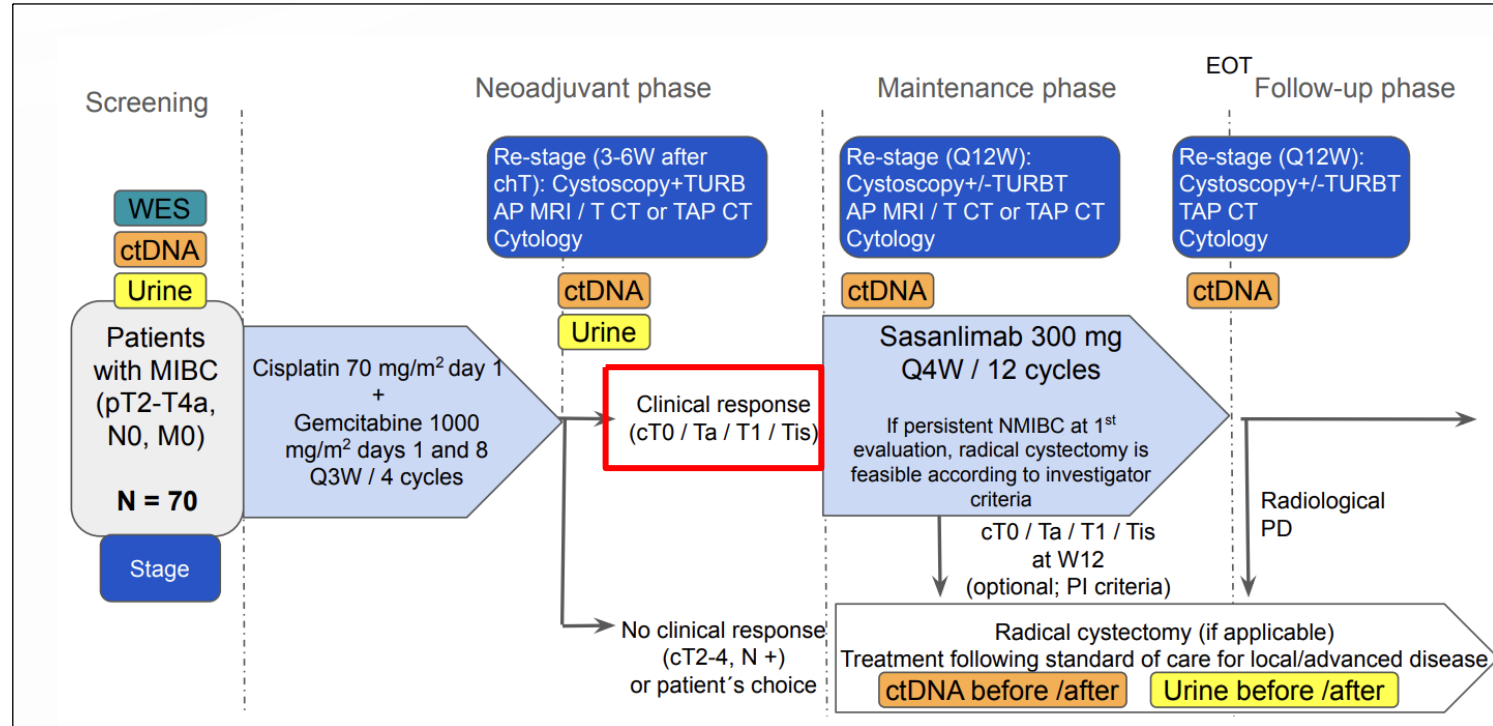
## Cell-Free Urine and Plasma DNA Mutational Analysis Predicts Neoadjuvant Chemotherapy Response and Outcome in Patients with Muscle-Invasive Bladder Cancer

[Emil Christensen](#)<sup>1,2,#</sup>, [Iver Nordentoft](#)<sup>1,#</sup>, [Karin Birkenkamp-Demtröder](#)<sup>1,2</sup>, [Sara K Elbæk](#)<sup>2</sup>, [Sia V Lindskrog](#)<sup>1,2</sup>,



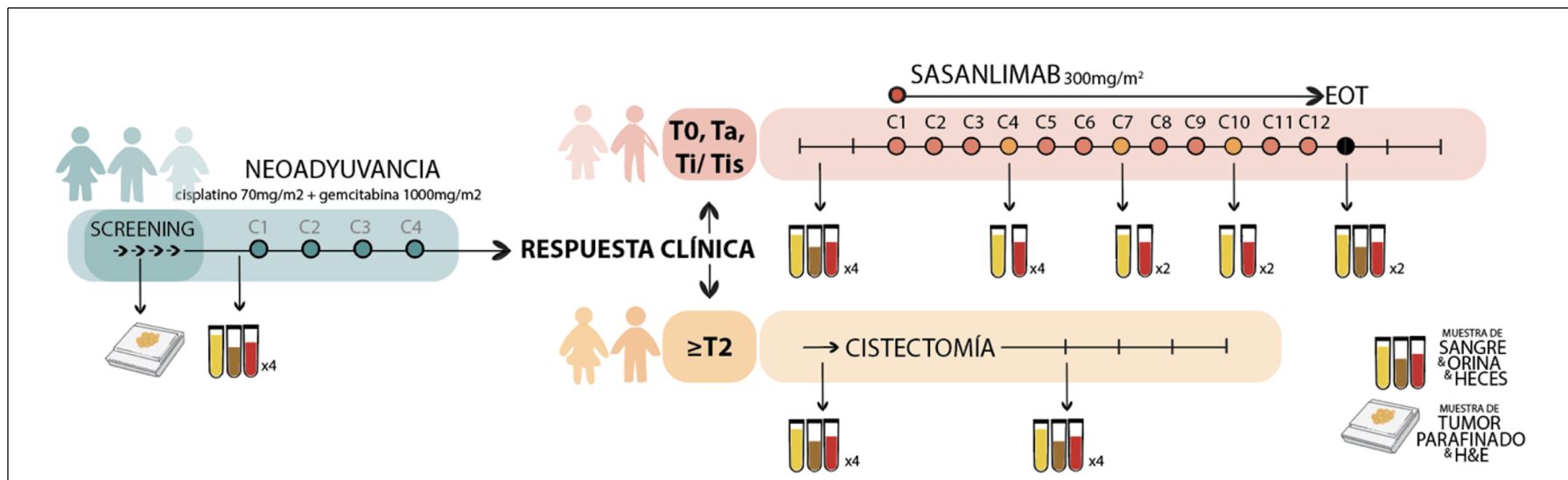
- All ctDNA positive patients had residual disease
- All pCR were ctDNA negative

## SASAN-SPARING: Sasanlimab as bladder-sparing maintenance treatment after neoadjuvant chemotherapy in patients with MIBC



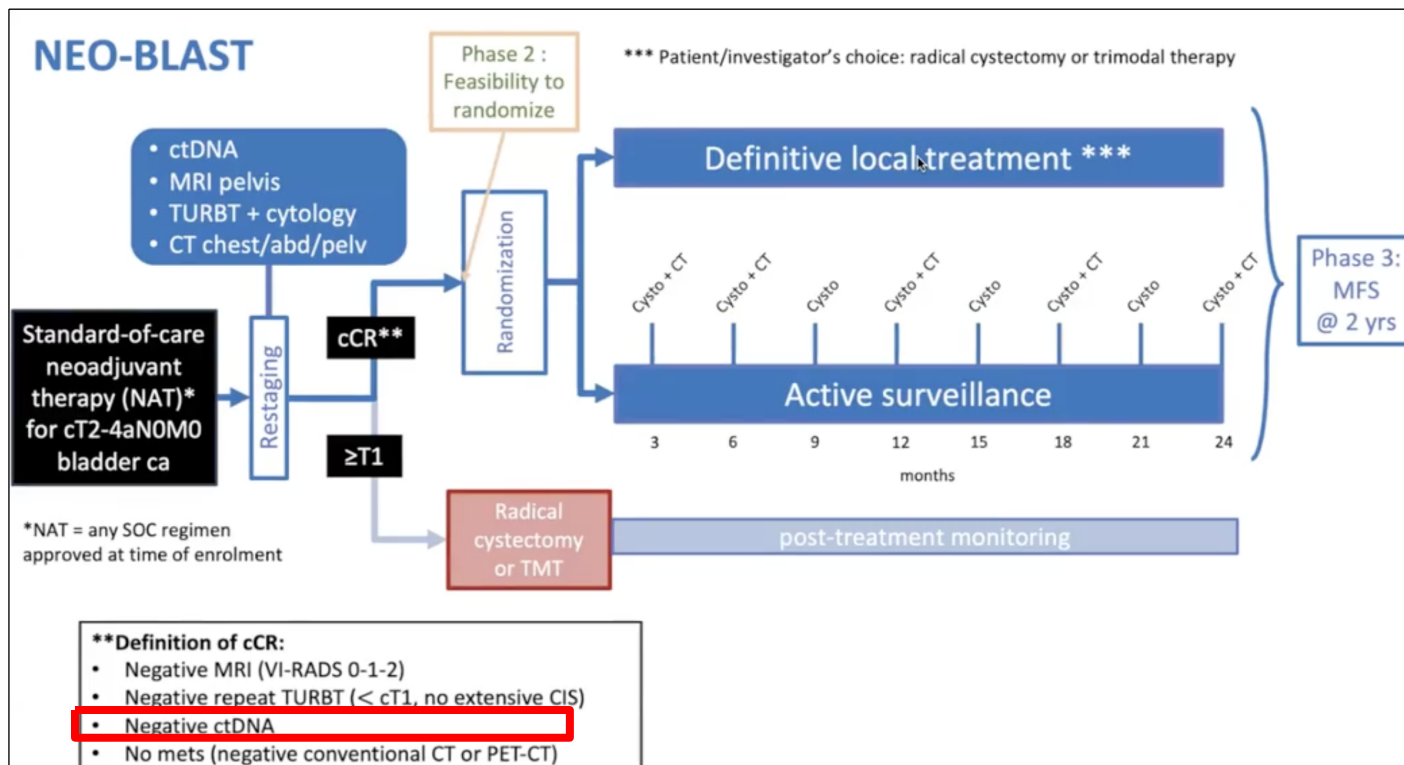
## SASAN-SPARING: ctDNA, utDNA ,microbiome profiling

**WE ARE RECRUITING !**





# NEO-BLAST:



## CRITICAL CHALLENGES OF BLADDER PRESERVATION (BP)

- 3. Do we have rigorous methods to measure and define clinical complete response?**

## DETERMING COMPLETE RESPONSE

Cytology

CT chest/  
abdo/pelvis

Cysto/TURBT

utDNA

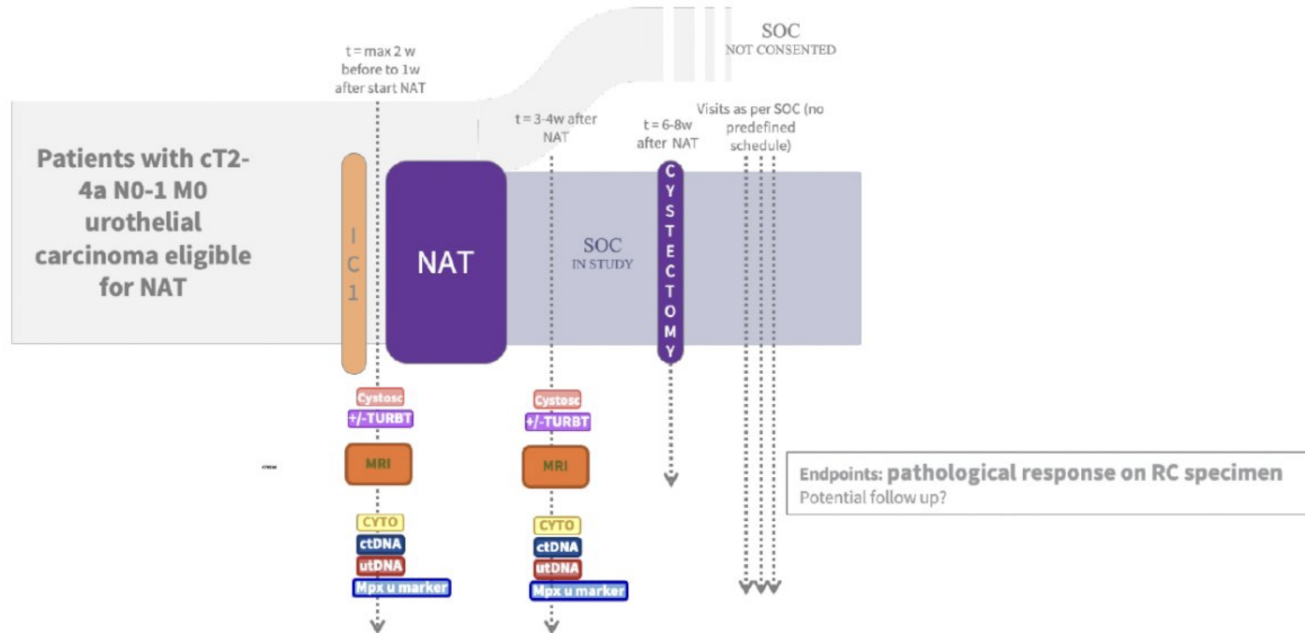
MRI

ctDNA

# cCR AND pCR CORRELATION?

> Eur Urol Oncol. 2025 Apr 15:S2588-9311(25)00080-X. doi: 10.1016/j.euo.2025.03.005.  
Online ahead of print.

## Challenges in Defining Clinical Complete Response to Systemic Therapy in Muscle-invasive Bladder



## CRITICAL CHALLENGES OF BLADDER PRESERVATION (BP)

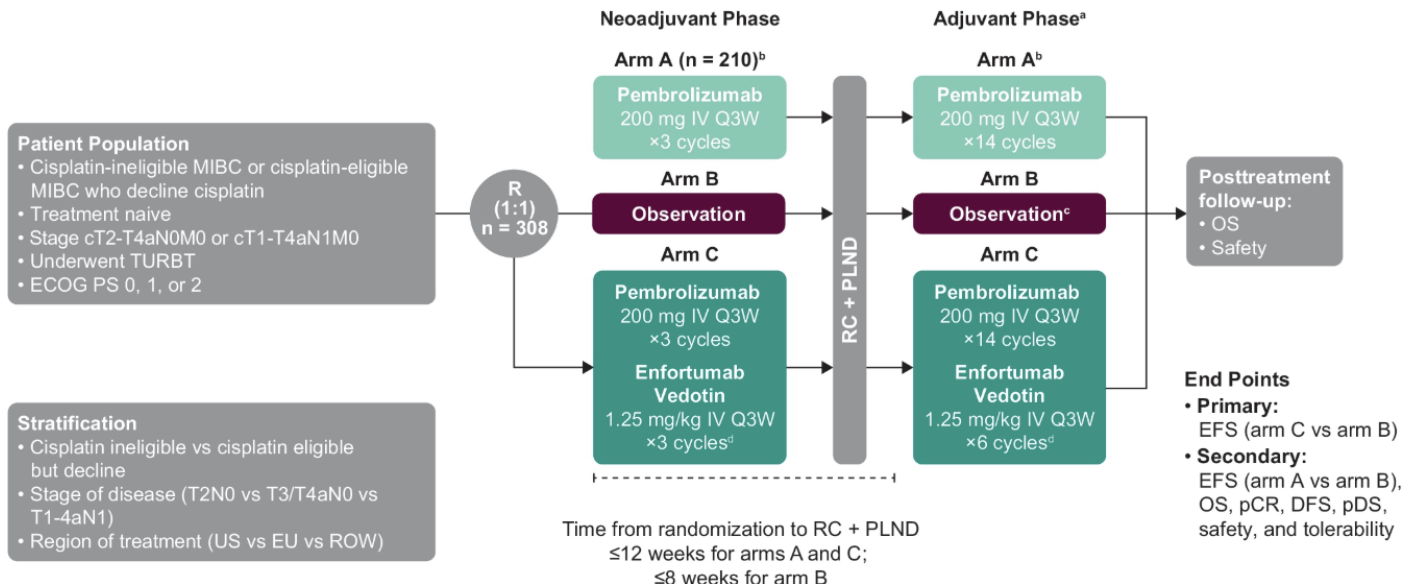
**4. Can more effective systemic therapy increase BP rates?**

- IO, ADC

# KEYNOTE-905/EV-303: ESMO 2025 AWAITED RESULTS!

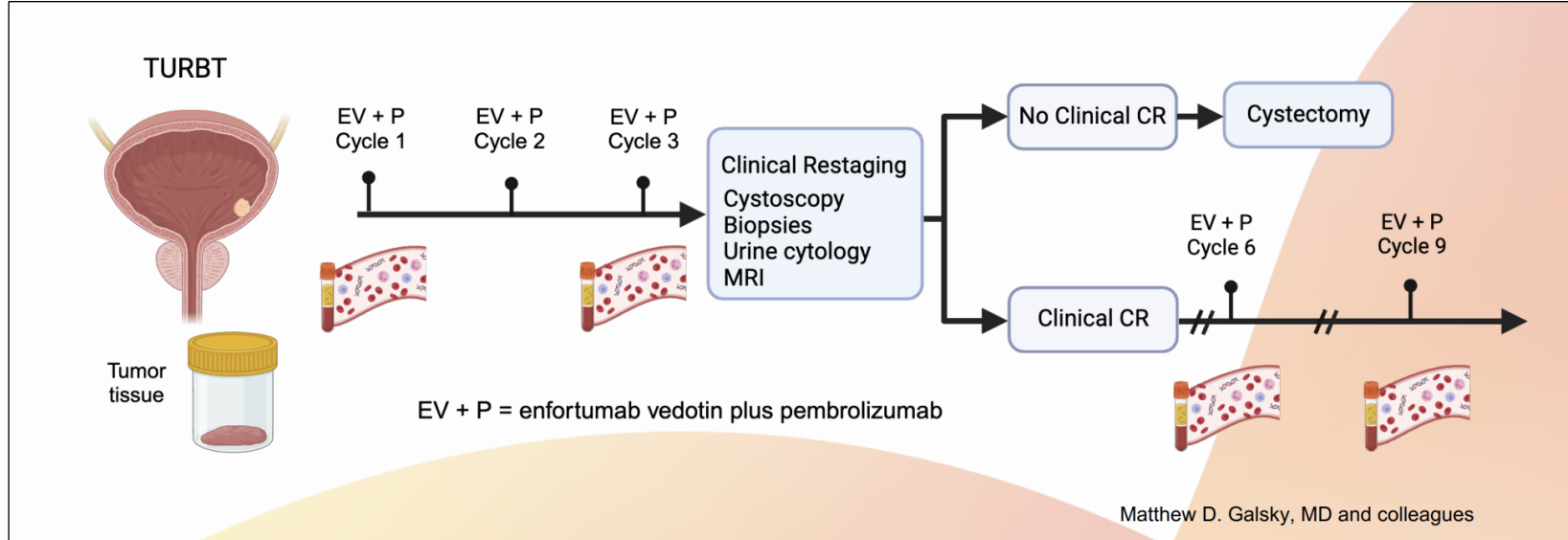
## Methods

### Study design



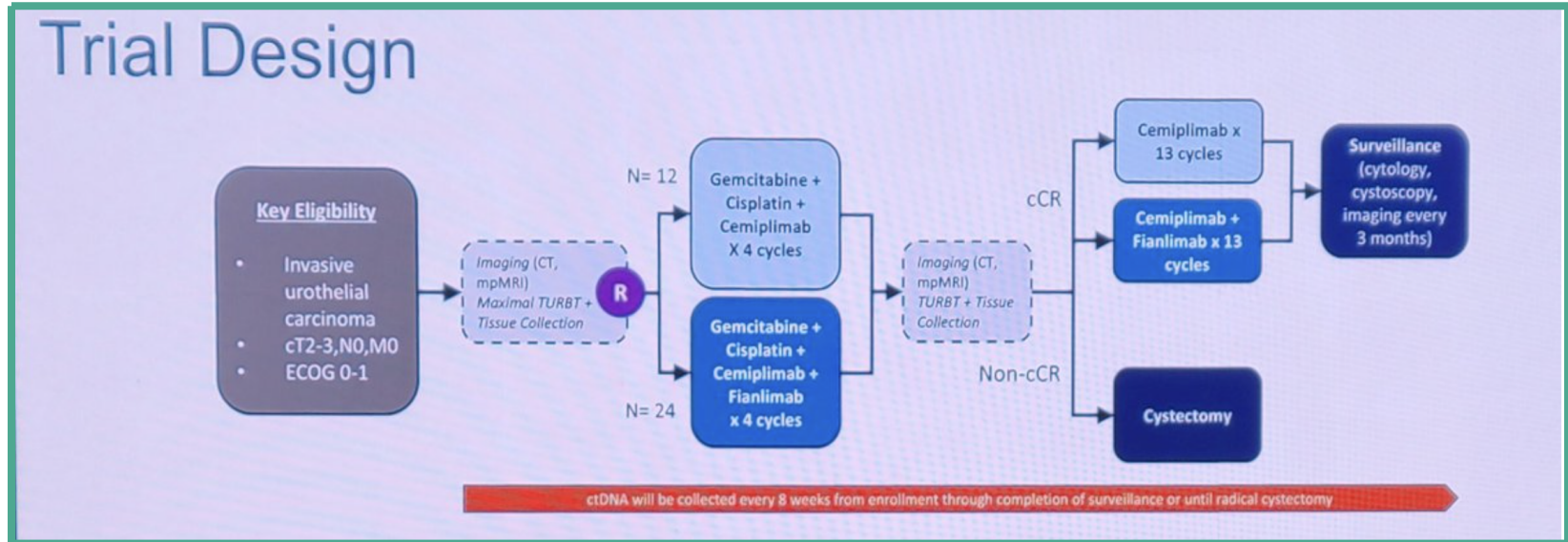
THE MORE  
pCR, THE  
MORE  
REASONS TO  
PRESERV  
BLADDERS?

## HCRN GU22-598: Response-guided bladder sparing with EV + pembrolizumab (NCT06809140)



## NeoSTOP-IT:

A Phase 2, Randomized, Open-Label Study of Gemcitabine/Cisplatin plus Cemiplimab (REGN2810, Anti-PD-1) with or Without Fianlimab (REGN3767, Anti-LAG-3) for Organ Preservation in MIBC



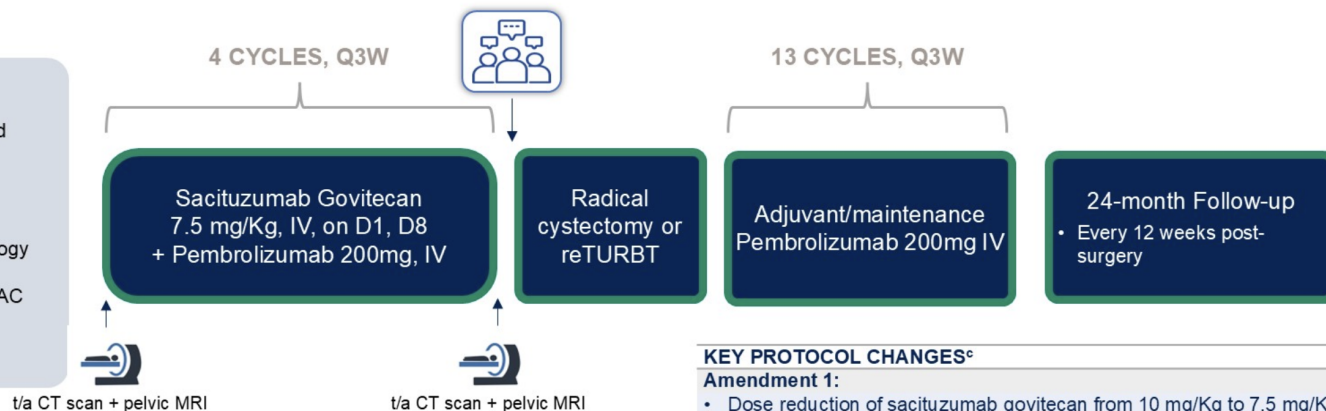


## SURE-02

NCT05535218

### Population:

- Aged  $\geq 18$  years
- Histologically confirmed cT2-T3b N0M0 MIBC (absence of nodal or metastatic disease at screening)
- Predominant UC histology
- ECOG PS of 0-1
- Ineligible or refusing NAC
- Ineligible or refusing chemoRT
- Scheduled for RC



### Primary endpoint:

- Clinical CR rate (imaging CR + ypT0Nx)

### Secondary endpoints:

- Efficacy: any downstaging rate, EFS<sup>a</sup>, MFS, BI-EFS<sup>b</sup>, OS, after neoadjuvant treatment
- Safety (CTCAE v.5.0)

### Exploratory endpoints

- Biomarkers of response
- Changes in biomarker expression
- Microbiome data in urine and feces

### KEY PROTOCOL CHANGES<sup>c</sup>

#### Amendment 1:

- Dose reduction of sacituzumab govitecan from 10 mg/Kg to 7.5 mg/Kg from C1D1.
- Introduction of G-CSF use (Peg-GCSF) as primary prophylaxis since C1D9.
- Exclusion of patients who had  $\geq 3$  risk factors for febrile neutropenia as indicated by the ASCO guidelines.<sup>d</sup>

#### Amendment 2:

- Change in primary endpoint from ypT0N0 rate to cCR rate (no change in sample size and statistical plan)
- Addition of a further inclusion criterion:
  - ChemoRT refusing/unsuited patients
- Restriction to cT2-T3bN0M0 patients.

# Interim Results of SGP: Clinical and Pathological Responses

PD post-neoadjuvant SGP: N=4 (11.1%)

No surgery: N=4

Metastases: N=5

RC: N=9

- ypTisN0: 1
- ypT2N0: 3
- ypT3N0: 3
- ypT4N0+ypT3N3: 2

Metastases-free: N=8

## ITT Population (N=36):

- cCR: 16 (44.4%; 95%CI: 27.9–61.9)
- ypT $\leq$ 1N0-x: 20 (55.6%)

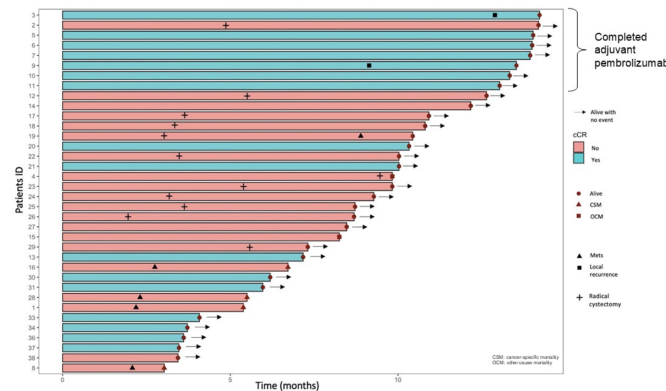
reTURBT: N=23 (63.9%)

- ypT0Nx: 16
- ypT1Nx: 3
- ypT2Nx: 4

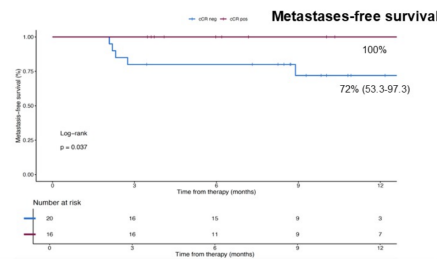
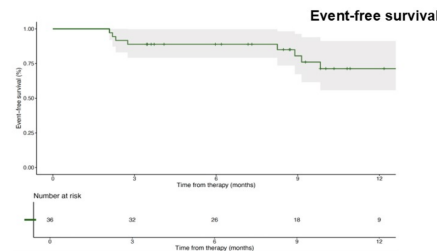
Metastases-free: N=23

Delayed RC: 3 (2 ypT1Nx; 1 ypT2Nx)

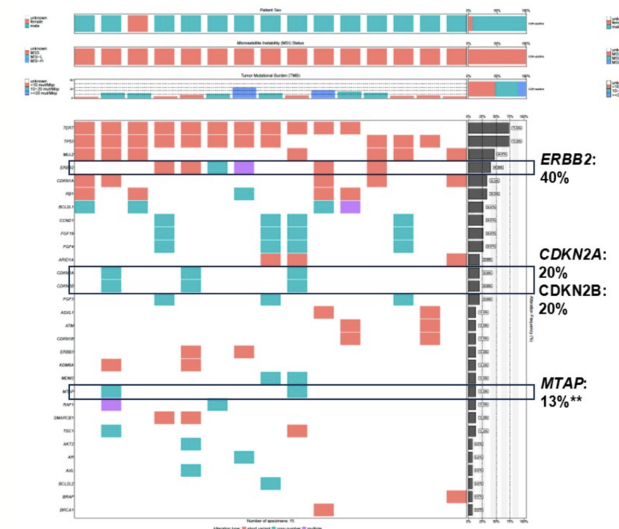
Median Follow-up: 10 months (IQR: 7.3 – 13)



- 12m EFS: 71.3% (95%CI: 55.7-91.2)
- 12m MFS: 84.2% (95%CI: 72-98.5)
- 12m Bladder-Intact-EFS<sup>a</sup> in cCR patients (N=16): 100%
- 12m Bladder-Intact-EFS in reTURBT patients (N=23): 74% (95%CI 54.8-99)



## cCR (N=15)



## QUESTIONS TO BE ANSWERED:

**Reliable CR assessment** → exclude residual disease

**Salvage strategies** → essential for recurrence/progression

**Intravesical recurrences** → key management in preservation

**Imaging** → mpMRI (local staging), FDG-PET/CT (nodal disease, ↓ understaging)

**Biomarkers** → ctDNA for selection, scheduling, multimodal therapy

**Limitations** → variant histologies, incomplete NAC → need for cystectomy

## KEY TAKE AWAY FOR BLADDER SPARING:

### Future direction

moving toward bladder preservation with effective systemic therapies

### Improve outcomes

higher response & survival → more bladders saved

### Goal

preserve function while maintaining oncologic control

### Biomarkers

needed to define clinical CR & select patients

### Not ready yet

imaging, biomarkers & chemo-immunotherapy paving safer strategies

### ctDNA & utDNA

promising for residual disease assessment & guidance (needs validation)